

Eggroll in a Bowl

Ingredients

1 lb ground country sausage

1 bag dry coleslaw mix (shredded cabbage and carrots)

5 cloves of garlic, minced

½ cup soy sauce (low sodium)

1 tsp ginger

sliced green onions

Instructions

Brown the sausage. While sausage is browning, combine garlic, soy sauce and ginger then set aside. Once sausage is cooked through, add coleslaw mix to skillet and stir to combine. Pour soy sauce mixture into skillet and stir, continuing to cook over medium heat until cabbage is wilted but still a bit crunchy (about 5 min). Serve with sliced green onions.