

## Hamburger Steak

1 lb ground chuck or ground round

½ of a small onion, cut into strips

½ of a small green pepper, cut into strips

½ cup sliced mushrooms

1-2 T butter

1 tsp minced garlic

Pat out ground beef in ¼ lb patties and grill. Meanwhile, sauté peppers, onions, and mushrooms in a pan with the butter and garlic. Top the beef patties with the sautéed vegetables and serve.